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Source: Critical Reviews in Food Science and Nutrition Published:2023 Am) score 1

Abstract

Ouercetin is a dietary flavonoid that can affect the balance between anti-oxidant defense system and oxidative stress. A number of studies showed the positive effects of quercetin on diabetes mellitus and related metabolic disorders through different pathways such as gut flora. However, findings are conflicting. In addition, it seems no studies have summarized all potential mechanisms of quercetin in diabetes mellitus, so far. Therefore, the aims of the present comprehensive review were to provide an overview on biological and biochemical characteristics of guercetin and investigate the effect of guercetin on diabetes mellitus and related metabolic disorders by focusing on its effects on the modulation of gut microbiota. For this purpose, findings of In vitro, animal studies, clinical trials, and review studies with the English language published until January 2021 were summarized. They were identified through electronic databases (PubMed, Scopus, and Cochrane Library) and Google Scholar. Findings showed that quercetin can be an effective component for improving glycemic status and other metabolic disorders related to diabetes mellitus based on In vitro and animal studies. However, environmental factors, food processing and using nanoformulations can affect its efficacy in human studies. Several potential mechanisms, including the modulation of gut flora are proposed for its actions. However, due to limited clinical trials and contradictory findings, more high-quality clinical trials are needed to make a decision on the efficacy of supplementation with quercetin as a complementary therapy for the management of diabetes mellitus, metabolic disorders, and modulating gut flora. © 2021 Taylor & Francis Group, LLC.

Ashraf Moini (4)



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- 5. Overview of Biological Effects of Quercetin on Ovary, Phytotherapy Research (2021)
- 6. Antidiabetic Effect of Quercetin: A Systematic Review and Meta-Analysis of Animal Studies, Food and Chemical Toxicology (2019)
- 7. Quercetin in Attenuation of Ischemic/Reperfusion Injury: A Review, Current Molecular Pharmacology (2021)

8. Oral Quercetin Supplementation Enhances Adiponectin Receptor Transcript Expression in Polycystic Ovary Syndrome Patients: A Randomized Placebo-Controlled Double-Blind Clinical Trial, Cell Journal (2018)

9. Gut Microbiota As a Target in the Pathogenesis of Metabolic Disorders: A New Approach to Novel Therapeutic Agents, Hormone and Metabolic Research (2016)

10. <u>A Narrative Review on Therapeutic Potential of Naringenin in Colorectal Cancer: Focusing on Molecular and Biochemical Processes</u>, *Cell Biochemistry and Function (2024)*

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APA.	Nochi P, Abdekhodaie MJ, Saadatmand M, Nekoofar MH, Dummer PMH (2023). The Development of a Dental Light Curable Prfe-Loaded Hydrogel As a Potential Scaffold for Pulg-Dentine Complex Regeneration: An in Vitro Study. International Endodontic Journal, 56(4), 447-464.
Chicago	Noohi P, Abdekhodsie MJ, Saadatmand M, Nekoofar MH, Dummer PMH. 'The Development of a Dental Light Curable Prfe-Loaded Hydrogel As a Potential Scaffold for Pulp-Dentine Complex Regeneration: An in Vitro Study.'' International Endodontic Journal 56, no. 4 (2023): 447-464.
Harvard	Noohi P et al. (2023) 'The Development of a Dental Light Curable Prfe-Loaded Hydrogel As a Potential Scaffold for Pulip-Dentine Complex Regeneration: An in Vitro Study', International Endodontic Journal, 56(4), pp. 447–464.
Vancouver	Nochi P, Abdekhodsie MJ, Saadatmand M, Nekoofar MH, Dummer PMH. The Development of a Dental Light Curable Pref-Loaded Hydrogel As a Potential Scaffold for Pulp-Dentine Complex Regeneration: An in Vitro Study. International Endodontic Journal. 2023;56(4):447-464.
BibTex	@articlet author = (Noohi P and Abdekhodaie MJ and Saadatmand M and Nekoofar MH and Dummer PMPI); title = (The Development of a Dental Light Cuable PHoi-Loaded Hydrogel Ac Potentid Safeld for Pulp-Dentice Complex Regenerated An in Virto Study, Journal = (International Endodontic Journal), volume = (68), number = (69, pages = (447-464), year = (2023)
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